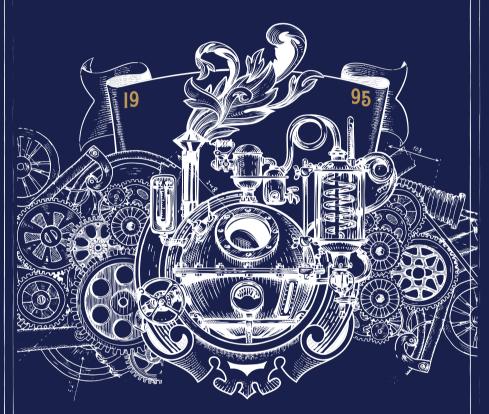
# UNCH SERVED UNTIL 5PM



PURVEYORS OF GREAT BEER SINCE 1995



#### ALL OF OUR LUNCH OPTIONS ARE SERVED WITH YOUR CHOICE OF NACHOS (ADD 500 KCAL) OR HOUSE SALAD (ADD 78 KCAL)! UPGRADE TO FRIES (ADD 411 KCAL) FOR 50PI



SERVED IN A FOLDED FLAT BREAD WITH PICKLED RED CABBAGE. GRATED CARROT AND BABY LEAF

#### GRILLED CHICKEN

Served with tomato and smoky mayo | 692 K/cal



Served with tomato and smoky mayo | 603 K/cal

#### VFGAN LAMB



Chilli and orange vegan lamb with Sauce Shop original hot sauce | 615 K/cal

#### SHAWARMA



Served with mint mayo and Sauce Shop original hot sauce | 607 K/cal

SOFT SHELL TACO WITH CHARRED CORN. CHERRY TOMATO. GUACAMOLE AND BABY LEAF

#### SPICED BEEF

Spiced pulled beef served with smoky mayo and spring onions | 306 K/cal

#### 3 BEAN CHILLI VG



Spicy vegan three bean chilli served with smoky mayo and spring onions | 294 K/cal

#### SFAFOOD

Torpedo prawns, panko squid served with lemon mayo and Sauce Shop original hot sauce | 335 K/cal

## VEGAN ZEAFOOD VG



Lemon shrimpz and kalamariz served with lemon mayo and Sauce Shop original hot sauce | 343 K/cal

## BURGFRS

SERVED IN A BRIOCHE STYLE BUN

### SINGLE STEAM

Single beef patty, cheese sauce, pickles, lettuce, tomato, ketchup and mustard

## LEAVES ON THE LINE



Spinach and falafel burger topped with guacamole, lettuce, rocket, spinach, tomato, cucumber, red onion and salsa 1550 K/cal

## ADD A DRINK FOR £2.50

£2.50 FOR HEAD OF STEAM LAGER, CAMERONS CASK ALE, ASPALL CIDER OR 125ML HOUSE WINE AND SELECTED SOFT DRINKS



(O)

Suitable for vegans

V Suitable for vegetarians

Allergen information: Our kitchens process food containing all 14 legally defined allergens therefore, due to the nature of our food operation, we cannot fully guarantee that any food will be completely free from these allergens. Full allergen information can be obtained from a member of our team, however they cannot offer specific advice or recommendations beyond our communication. Adults need around 2000 K/cal a day.